

Live Event Schedule - Spring Session 2022

All Events are on Mondays*.

All Events are available on Replay.

Date	Live Events	Time
April 4th	Welcome Webinar	1pm Eastern
April 18th	Class	1pm Eastern
April 25th	Check-In (Optional)	1pm Eastern
May 2nd	Class	1pm Eastern
May 9th	Check-In (Optional)	1pm Eastern
May 16th	Class	1pm Eastern
May 31st (Tuesday)	Poses and Sequence Webinar	1pm Eastern
June 6th	Class	1pm Eastern
June 13th	Check-In (Optional)	1pm Eastern
June 27th	Class	1pm Eastern
July 25th	Are You Ready? Webinar	1pm Eastern
August 8th	Program Closing Webinar	1pm Eastern

Note: Please note some dates and times are subject to change but advanced notification will be provided.

**Poses and Sequences Webinar is on Tuesday, May 31st due to the U.S. Memorial Day Holiday.*